## **LOTT** PHYSICAL THERAPY & FITNESS CENTER

## Lott Physical Therapy Student Dress code

- Professional staff should wear professional/business casual attire that does not expose undergarments, midriff, or cleavage.
- Professional, ironed, appropriate length pants
- No denim/jeans including stretch denim (i.e black, white denim) and no leggings or tights. No cargo pants. No shorts. Capris are acceptable well below the knee.
- Jacket should be professional and no hoodies
- Shoes must provide safe, secure footing, and offer protection against hazards. Open toe shoes are not permitted, and tennis shoes are not recommended for professional staff.
- No TShirts, Tank tops, tube or halter tops, shirts without sleeves or armpits exposed when arms outstretched.
- Mustaches and beards must be tasteful, clean, well trimmed and neat.
- Hairstyles are expected to be in good taste: Neat, normal-natural hair color, pulled back if very long and could fall into a patient if leaning over a patient. No extreme hairstyles, such as spiked hair and shaved heads (okay under certain circumstances).
- Excessive makeup is not permitted
- Fingernails should be clean and nail length should not interfere with job tasks such as picking things up, dialing a phone, typing on a computer, wearing rubber gloves or caring for patients (scratching). Polish should be fresh and conservative color.
- Offensive body odor and poor personal hygiene should be managed.
- Be conscious of breath odor after eating or drinking (coffee) as patient contact can be close.
- No chewing gum as this is unprofessional behavior Listerine breath strips or a breath spray are a good alternative for breath freshening
- Perfume, cologne, aftershave and highly perfumed lotion should be used moderately or avoided all together, as some individuals may be sensitive or allergic to strong fragrances.
- Jewelry should be conservative and not be functionally restrictive, dangerous to job performance, or excessive.
- Facial jewelry, such as eyebrow rings, nose rings, lip rings and/or tongue studs, is not professionally appropriate and must not be worn during business hours.
- Earrings one each ear max. Large hoop and/or dangling earrings are not permissible.
- Tattoos and similar body art must be covered during business hours.

## **Recommended Attire**

- Simple polo/business casual shirt
- Professional, ironed, appropriate length pants
- Nice closed toed shoes
- Proper hygiene and hair styling